

Foreign Language Anxiety: A Systematic Review

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Abstract

Research in foreign language learning has notably revealed that foreign language anxiety has been a crucial area in applied linguistics. Therefore, this study tends to give a comprehensive review of literature on foreign language anxiety. This review also tries to add an additional explanation to the earlier studies of this issue. It clarifies the concept of foreign language anxiety and how it is different from other related types of anxiety. Finally, it shows the main causes and effects of foreign language anxiety that influence language learners.

Keywords: causes of foreign language anxiety, English as a foreign language (EFL) learners, effects of foreign language anxiety, foreign language anxiety

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