

Using Habits of Mind to Develop EFL Writing Skills and Autonomy

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Abstract

The main purpose of this study was to determine the impact of habits of mind (HoM) based strategies on students' writing skills and autonomy. Questions formulated to achieve the purpose of the study focused on. (1) Determining the habits of mind suitable for EFL students. (2) Finding out differences in both English as a foreign language (EFL) students' writing performance test regarding experimental and control group. (3) Finding out differences in both EFL students' autonomy scale of experimental and control group. Thirty three EFL students constituted the sample for this study and four instruments- designed by the researchers- were used for data collection. Results indicated that students of experimental group outperformed their counterparts of the control group in EFL writing performance test and autonomy scale scores. The effect of using HoM on students writing skills and autonomy was profound and significant.

Key Words: Autonomy, EFL Writing Skills, Habits of Mind

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