

## Literature in EEL: A Gateway to a Successful Teaching-Learning Experience by Stimulating Human Psyche

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### Abstract

This article examines some key outcomes of researches on the human brain related to language learning in particular; and, then it highlights the role using literary texts can play, while employed as stimuli, for achieving success in the field of EFL. To narrow down further, the aim of this paper is to propose: by implementing literature-based course materials in different teaching methods like Communicative Language Teaching (CLT), Task-based language teaching (TBLT) and Cooperative learning (CL), EFL teachers can actually help their learners to learn the language more effectively, as it is more compatible with their brain functions.

**Keywords:** CA, CL, CLT, EFL, ESL, grounded cognition, interdisciplinary approach, literature-based classroom activity, neuroplasticity, neuroscience, TBLT

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